

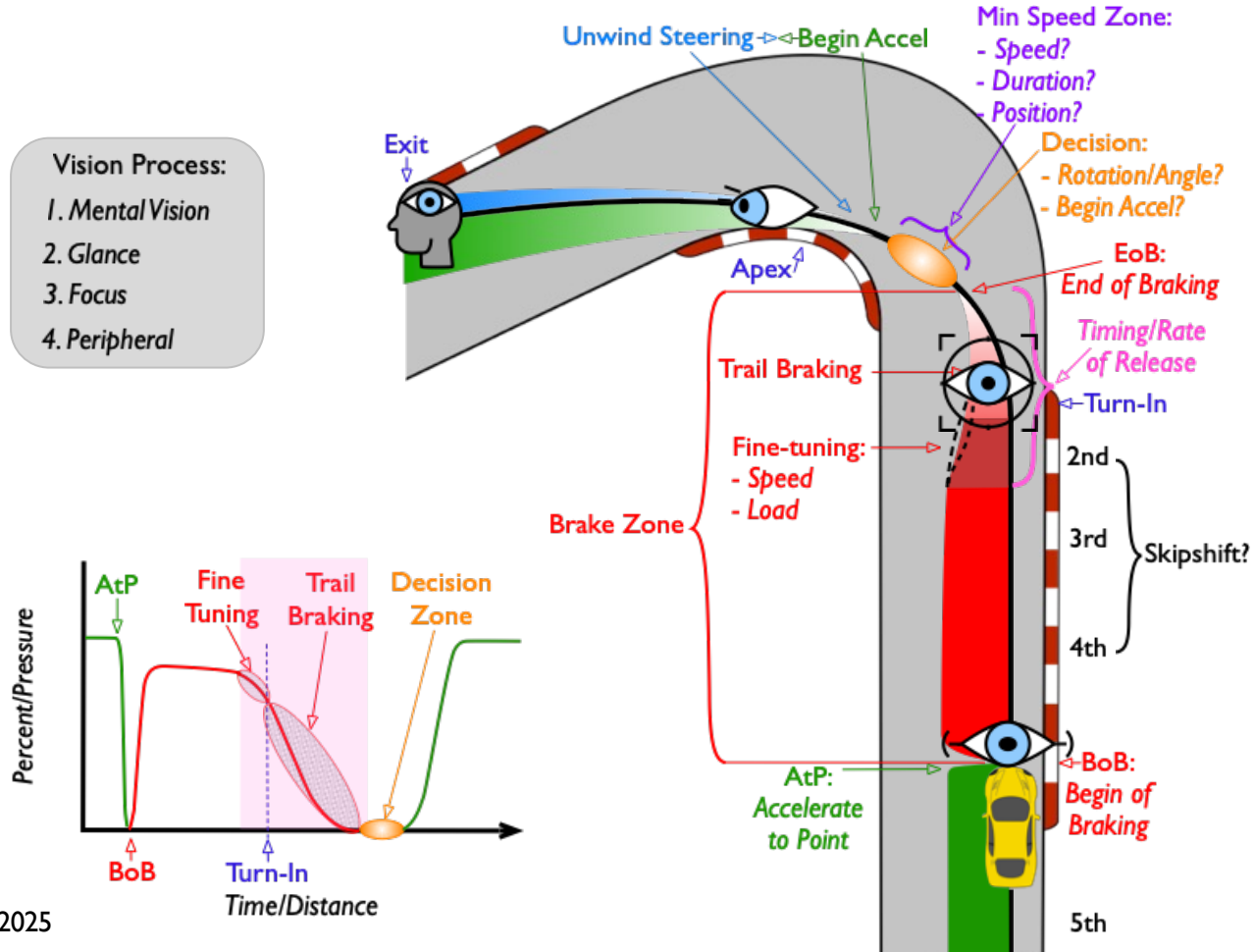
The Anatomy of a Corner





Vision Process:

1. Mental Vision
2. Glance
3. Focus
4. Peripheral



Take-Aways

***“Practice does not make perfect.
But deliberate practice can.”***



**Think in terms of a *Brake Zone*,
rather than brake points.**



Focus on *EoB* more than *BoB*.



Manage the *Fine-Tuning Zone*.



Speed comes from the...
Timing & Rate of Release of the Brakes.



Manage the *Decision Zone*.



Manage your *Min Speed:* *What, Where & Duration.*



***Lead* the corner exit with
your *Throttle*.**



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